

A prayer of encouragement:

Prayer of encouragement

Dear Lord,
help us to find ways
to encourage other people with whom we are working.
Help us to remember
how it feels to be discouraged
and to try to have the courage to build other people up.
Amen

Lord, my strength
and my fortress,
my refuge in time
of distress.
Jeremiah 16:19



Sometimes all a person wants is an
empathetic ear; all he or she needs is to
talk it out. Just offering a listening ear
and an understanding heart for his or
her suffering can be a big comfort.

Roy T. Bennett, The Light in the Heart

